



Looking to the  
**FUTURE**

**2009–2010 Annual Report**

# Hope for the Future

**Have you read Jim Collins' book, *Good to Great*?** He analyzes what makes the difference between a corporation being good and being great.

Among his case studies is that of Admiral James Stockdale, a survivor from the “Hanoi Hilton” in Vietnam from 1965 – 1973. As commanding officer, he was tortured; lived without any prisoner rights; and never knew if he would see his family again. Collins uses Stockdale’s story to illustrate what it takes to emerge well from difficult circumstances.



**Confront the brutal facts, but have faith in the future.**

Admiral Stockdale said those who emerged acknowledged the brutal facts they faced, but had faith that they would emerge some day. He said optimists who believed they would be released by certain dates, only to have them pass, would die broken-hearted. But those that had hope; that knew one day it would happen, persevered. The lesson from Admiral Stockdale is that each day, each moment, you must recognize the difficult nature of your circumstances and respond accordingly, but with a backdrop of faith or hope, that one day you will emerge in a better place.

**With help from supporters like you, we are in the business of hope and faith.**

Most people we see don’t imagine a future or see themselves in a positive future setting. So we employ our resources to help them envision a future. Together we help people confront the brutal facts they face, and then help them recognize there IS a future in their life.

**Day by day, step by step, we help people find their own faith and hope that they can emerge from the many challenges they face as healthier, more productive people.** It takes many months or even years to unwind what they have lived with for many years, but we see it happen over and over again.

CenterPointe, too, confronts the ugly facts — ours are declining budgets and growing needs. And, we have faith that with growing support from people like you and a bright, dedicated staff we will emerge a stronger resource for our community.

Thank you for being part of the team helping our women, men and teens look toward the future.

A handwritten signature in blue ink that reads "Topher Hansen".

Topher Hansen, JD  
Executive Director



*“Everyone knows someone affected by addiction or mental illness and everyone has the power to make a difference. Thank you for being part of the solution.”*

- Dottie Shapiro, Board President

## CenterPointe Board of Directors

Dottie Shapiro, *President* • Hilde Dale, *Vice President* • Tracy Graham, *Secretary* • Colleen Kadleck, *Treasurer* • Connie Monk, *Past President* • Sam Brown • Sharon Cirone • Elton Edmond • Dick Endacott Raul Guerra • John Herdman • Cathy Hietbrink • Dennis McChargue, PhD • Kevin McManaman • Colette Polite Shalla Powell-Mandigo • Vicki Powell • Modesta Putla Rajkumar • Sissy Ruley • Tommy Taylor • Teresa Vanderzee



*"I have looked fear in the face and made it through the rain."*

## In their own words...

Your support of CenterPointe makes a real difference! Last year, our combined programs served 1,084 people. Here is some proof that your support is changing and saving lives.

Our clients shared these words:

*"...Thank you, CenterPointe, for giving me my life back.*

*Not only have you taught me how to live a clean and sober life, you have taught me how to live..."*

*"I thank CenterPointe for everything they have done.*

*I'm looking forward and working through the past.*

*With the support from my family and CenterPointe, I can live a new and brighter day."*

*"I'm grateful that I'm alive today.*

*While I can't change the past, I am grateful that I have the potential to have a bright future, one that I can't even imagine in my wildest dreams.*

*CenterPointe you do give me hope and gratitude."*

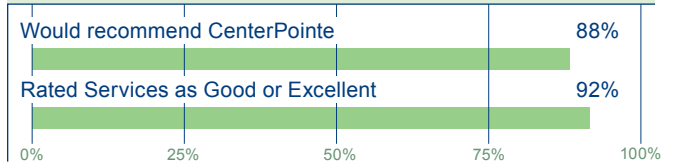
Thank YOU for being a part of these and many, many more lives!

# 2009-2010 By the Numbers

It is not enough to provide services; we strive to learn how our services are making an impact!

### — Client Feedback —

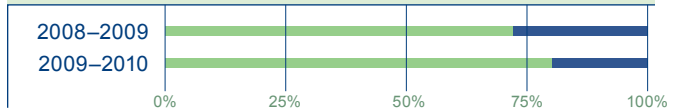
Information gathered from client surveys



### — Effectiveness —

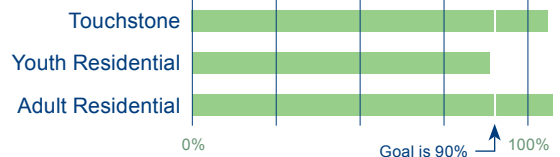
It is our goal that women, teens and men involved in Outpatient services will experience less need for higher levels of care like the Crisis Center, Detox and Hospitalization.

Higher levels of care: ■ Not needed ■ Needed



### — Efficiency —

Utilization of Residential Programs

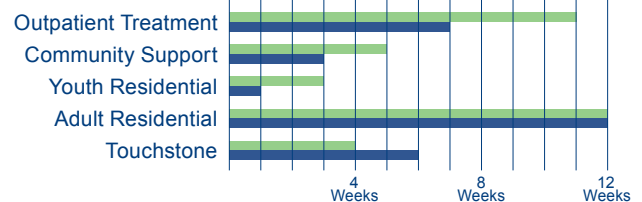


Utilization over 100% represents services provided in excess of state funding.

### — Access —

Length of wait for Admission in weeks

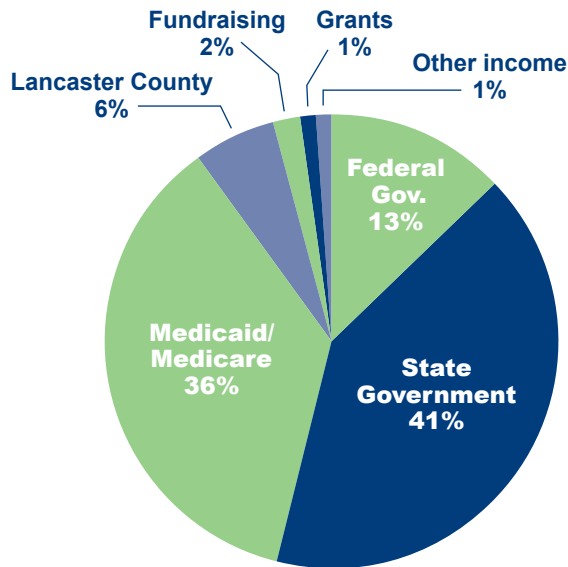
■ 2008-09 ■ 2009-10



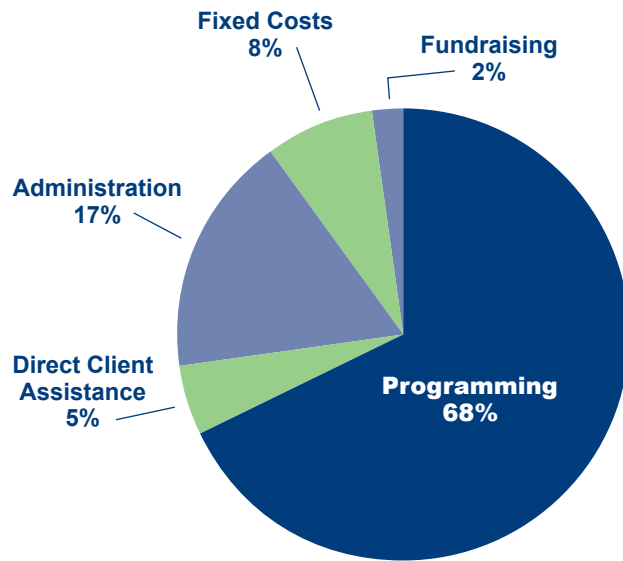
**Comprehensive outcome data is available on-line at [www.centerpointe.org](http://www.centerpointe.org).**

# 2009–2010 Financial Summary

Client Fees accounted for less than 0.1%



**Revenue: \$6,168,410**



**Expense: \$6,198,616**

## THANK YOU

Thank you to these Foundations, Corporations and Organizations who've attended events or supported programs and services that make a difference.

Allstate Giving Campaign	First Plymouth Church	NAMI - Lincoln	Region V Systems
Alpha Dog Marketing	HBE Becker, Meyer and Love LLP	NASW - Nebraska	Rex Bevins & Associates
Asian Community & Cultural Center	Hampton Enterprises	Nationwide Insurance	St. Monica's
Assurity Matching Gift Program	Hampton Family Foundation	State of Nebraska - Class Action Settlement	UNICO
Building Strong Families Foundation	Housing and Urban Development	NE Dept. Health and Human Services - Homeless Assistance Program	Union Bank & Trust
Cline, Williams, Wright, Johnson, & Oldfather	Indian Center, Inc.	Nebraska Medical Association	Unitarian Church
Community Action Partnership	Knudsen, Berkheimer, Richardson and Endacott LLP	People's Health Center	Valley Hope Alumnis and Friends
Community Health Endowment	Lancaster County Medical Society	Planned Parenthood of the Heartland	Welfare Society Inc.
Community Services Fund	Lincoln Community Foundation		Woods Charitable Fund
Cornhusker Place Detox	Lincoln's Symphony Orchestra		

Thank you to these donors and businesses giving in-kinds gifts that help improve our client's quality of life.

Architectural Parternship	Jason Lemon	Ron and Gwen Nugent	Abby Swatsworth and Mary Carol Bond
Cather's Circle	Lincoln Landscaping	Production Creek	Target
Delores Chmielewski	Lincoln Quilters Guild	Runza	Allen & Gloria Terveer
Vicki Fisher	Lions Club	Russ's Market	Trevor Thompson
Matt and Clover Frederick and Family	Penny McCartney	Lincoln Saltdogs	Unitarian Church
Jill Grasso	McDonalds	Skate Zone	Walgreens
Nancy Hansen	Annette Murrell	The Smiths	North Lincoln Walmart
Laser Quest	Cade Nolan	Sun Valley Lanes	Elizabeth Wood

# CenterPointe Donors

Thank you for supporting women, men and teens as they work to recover their lives and regain their hope for the future. These generous individuals have helped hundreds of people on their path to lasting recovery.

Anonymous (23)	Sharon Cirone	Tracy Graham	Kimberly Kilgore	Joyce Nelson	Bryan and Nancy Shank
Duane & Phyllis Acklie	Frances Clark	Kim A. Gregg	Daniel B Kline	Michelle Nelson	Dottie Shapiro
Paul and Kathryn Ahrendt	Dianna Clyne	Margaret and Jim Griesen	Terry and Sherry Knapp	Michael Newcomb	Kelsey Sherich
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Beatty and John Brasch	Barbara Homer	Barbara Homer	Stephanie McLeese	Karise Rupert	Deborah L. Weston
Marvin and Vicki Brinkman	Ward Fred Hoppe	Ward Fred Hoppe	Kevin McManaman	Tracy Schaaf	Betty A. Wheeler
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	Dave Gilsdorf	Suzanne E. Kemp	Marti C. Mueting		
	Gary Gollner		Valdeen Nelsen		
	Andy Gompert				

*We make every effort to accurately list the names of our supporters. If you wish to remain anonymous for future listings or feel you were listed anonymously in error; please contact Abbigail at 475-8717 or [aswatsworth@centerpointe.org](mailto:aswatsworth@centerpointe.org).*

# CenterPointe Services

Your support can make all the difference for women, men and teens living with substance use or co-occurring substance use and mental health issues. Together we are helping people through these programs and services.

## Adult Residential Treatment

This 6 – 8 month program provides integrated addiction treatment and psychiatric care through education; individual, group and family counseling; recreational therapy; and case management.

## Youth Outpatient Services (13 – 18)

Intensive Outpatient offers 3 hours of education and therapy 3-5 days a week during after-school hours. Outpatient services offer individual and family counseling.

## Touchstone

A 30 – 45 day program in collaboration with Houses of Hope. This program provides education; individual, group and family counseling; case management and psychiatric services for adults.

## Adult Outpatient Care

Integrated, personalized care for adults with co-occurring mental illness and addiction through individual, group and family counseling and psychiatric services.

## Housing Programs

Providing decent, affordable housing to adults with mental illness and addiction through subsidized transitional, permanent and supported-living housing programs.

## Day Rehabilitation

Long-term educational services to develop daily living skills. This program also provides transportation.

## PIER – Partnership In Empowerment and Recovery

This program offers a full range of intensive services in home-based settings for adults with severe, persistent mental illness. A collaboration with the Community Mental Health Center and Lutheran Family Services.

## Community Support

Improving quality of life with basic needs like housing, food, and medical needs; providing technical support and linkages to community resources; support and advocacy to learn independent living skills.

## Open Studio/Writers' Workshop

Facilitated artistic expression in the visual and literary arts. These programs are a collaboration with Community Mental Health Center and Lincoln Parks and Recreation.

## Veterans Transitional Housing

This program provides homeless veterans safe, sober living while they access supportive and counseling services. Providing education and support to move toward permanent, independent living.

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**Non-Discrimination Statement:** Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, age, sex or disability. Any person who believes he or she has been discriminated against in this program should write to: Administrator, Food and Consumer Service, 3101 Park Center Dr., Alexandria, VA 22303



Funded in part by the Nebraska Department of Health and Human Services, Region V Systems, U.S. Dept. of Housing and Urban Development and Lincoln/Lancaster County Joint Budget Committee.

## CenterPointe Administrative Office

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