Celebrating New Beginnings



CenterPointe

2021-2022 Impact Report

New Beginnings for CenterPointe

CenterPointe has a cultural approach to not rest on our laurels. Every day we put forth an effort to do our best so once the day is concluded the only thing it offers us are the lessons from what we did. We keep lots of data to tell us about process and outcomes so we can approach each new day with lessons learned. We always want to be better; we want to be our best for each person that comes in the front door. Continuous quality improvement driven by data.

Our last fiscal year has been exciting and challenging. We have developed and implemented new programs to respond to community need, initiated a $13M capital campaign to fund our new Campus for Health and WellBeing- which will be finished in March of 2023, met the challenges of Covid 19, and grappled with the workforce shortage issues facing the entire country. No other time in my 29 years at CenterPointe has the environment been so full of opportunities and challenges.

Tomorrow is another exciting new beginning for us and an opportunity to meet the growing needs we have seen since early 2020. We will be moving into our new facility bearing the name of our approach to healthcare: CenterPointe Campus for Health and WellBeing (CHW). This gives us greater opportunity to expand primary care, mental health and substance use therapy, as well as add 16 apartments to the 200 units of housing we support each night. CHW will also offer the community a meeting and conference space as well as a serenity garden.

Each new day our approach to our work in the communities we serve is to help people get better, sooner, for longer from the illness they face. And because working to be healthy and happy is important, we will also offer activities in an environment that helps the community live a life of good health and well-being. Preventing illness and helping people recover from illness is what we do. Watch for our healthy celebration events as 2023 will be the 50th year we have been providing services in Nebraska!

-Topher Hansen, CenterPointe President

Impact by the Numbers

4,418
Individuals served across all programs

472
Individuals housed across all programs

2,779
Calls received on the crisis hotline

147
Individuals contacted through our street outreach program

94.1%
Individuals who saw a reduction in self-harm thoughts or behaviors

94.5%
Individuals who saw a reduction in their substance use

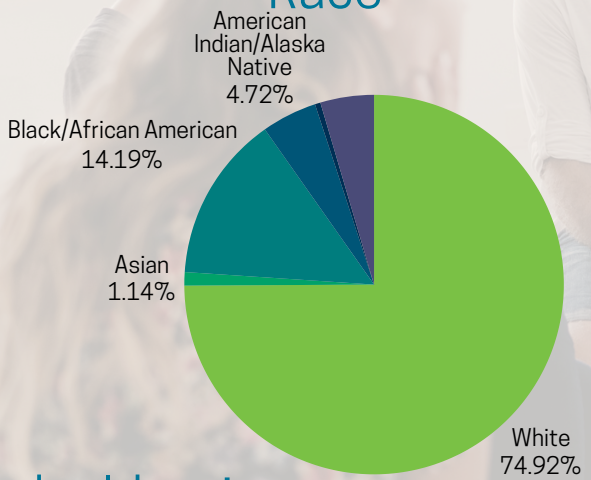


Who We Serve

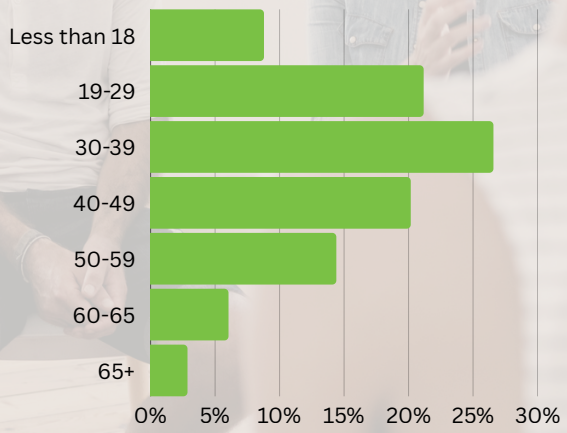
73%

of individuals in service make less than $10,000 a year

Race



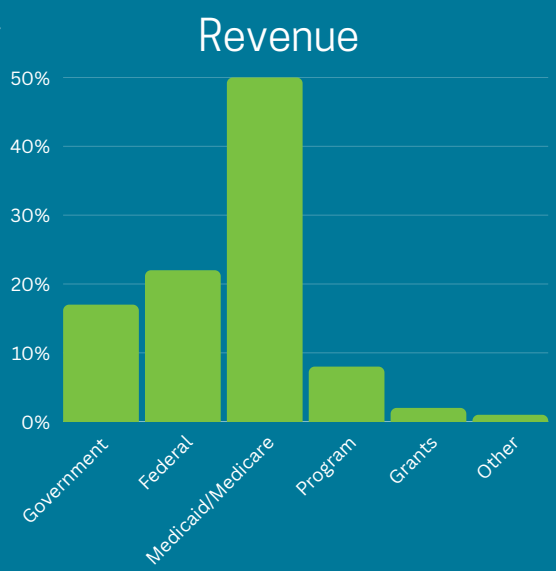
Age



Gender Identity

A-Gender	Bi-gender	Female	Male	Gender Fluid	Gender Neutral	Non-binary	Transgender Female	Transgender Male
0.29%	0.10%	42.51%	55.54%	0.26%	0.08%	0.42%	0.44%	0.36%

CenterPointe provides over 40 programs in the following key areas



Rehabilitation
We offer a broad array of rehabilitation programs to improve quality of life, develop long-term recovery and independent living skills, and connect people with resources to meet basic needs.

Housing
Housing services are designed for low-income individuals and families experiencing problems with mental illness, substance use, or co-occurring disorders. Transitional, supportive or permanent housing is available.

Crisis Response
Trained therapists serving the community with a 24/7 hotline for suicide, mental health or substance use crisis.

Treatment
Both Outpatient and Residential treatment options are available with dually licensed therapists who treat mental illness and addiction together. In 2020 CenterPointe expanded to include integrated primary care.

Where Health Comes Full Circle



As our mission and services have continued to grow, there is a lack of space to serve all the people who need it. In 2019, we discovered the solution to providing more and better services to the community at 11th and South Streets and purchased the historic Trabert Hall. Since that time, we have been planning an extensive restoration of the building. Services to be provided at the new campus:

- Health Clinic: Mental health, substance care, primary care and pharmacy services
- Supportive Housing: Affordable apartments for 32 people in services
- Crisis Response: There when needed-24/7 crisis line and walk in support

More information at healthymindsandbodies.org

Worth Celebrating

Trevor* began services in our adult residential program in 2021. He was very motivated to be successful and worked hard on his recovery for six months, all while trying to bring in income for his family.

Once he successfully completed his stay at our adult residential program, he was able to transition to our outpatient services. He was then assigned to a case manager who helped him secure a home for him and his family.

Today, Trevor is happy to report that he has a full time job and a stable place for him and his family to live. Recovery is a life time journey and he continues to work to better himself everyday.

To support CernterPointe today, scan the QR code or return the enclosed envelope.



You can help create more new beginnings for people like Trevor by donating to CenterPointe today!



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